

Self-Report of APE Competence

Knowledge of:

For each required area below, please place an X in the grid immediately below for the rating that you believe applies to you and list the formal training that applies.

- **Psychopathology or Abnormal Psychology:**

Very Good	Good	Acceptable	More Needed
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List how knowledge of problems of learning, behaviour, and mental ability was acquired. **A graduate-level psychopathology course is highly recommended.**

- **Personality and Individual Differences:**

Very Good	Good	Acceptable	More Needed
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List how knowledge of psychosocial and life-span development was acquired.

- **Psychological assessment:**

Very Good	Good	Acceptable	More Needed
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List how knowledge of the range of psychological assessment - from diagnostic interviewing to administering, scoring, and interpreting standardized psychological assessments - was acquired.

- **Psychodiagnostics:**

Very Good	Good	Acceptable	More Needed
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List how knowledge of psychoeducational diagnostic techniques and interventions was acquired.

OVERALL SELF-APPRAISAL OF STATE OF KNOWLEDGE:

Very Good	Good	Acceptable	Further Knowledge and Training Needed
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Name: _____

Skill in:

For each required area below, please place an X in the grid immediately below for the rating that you believe applies to you and list how you have acquired/practiced the skill.

● **Establishing therapeutic rapport:**

Very Good	Good	Acceptable	Require More Experience
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Provide specific and relevant skills in establishing therapeutic rapport.

● **Eliciting information through interviewing:**

Very Good	Good	Acceptable	Require More Experience
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Provide specific and relevant skills in eliciting information through interviewing.

● **Assessing fundamental psychological processes such as mental state, cognition, emotions and behaviors:**

Very Good	Good	Acceptable	Require More Experience
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Provide specific and relevant skills in assessing psychological processes such as *mental state, cognition, emotions, and behaviours*.

● **Formulating and testing diagnostic hypotheses:**

Very Good	Good	Acceptable	Require More Experience
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Provide specific and relevant skills in testing diagnostic hypotheses.

● **Communicating information clearly and sensitively:**

Very Good	Good	Acceptable	Require More Experience
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Provide specific and relevant skills communicating information clearly and sensitively.

Name: _____

• **Assessment of change in relevant psychological processes:**

Very Good	Good	Acceptable	Require More Experience
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Provide *specific* and only *relevant* skills in how you have assessed for change in relevant *psychological* processes.

OVERALL DEGREE OF SKILL:

Very Good	Good	Acceptable	Requires More Experience
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Formal Training In:

For each required area below, please place an X in the grid immediately below for the rating that you believe applies to you and list the formal training you have obtained.

• **Course work and supervised experience in administering and interpreting assessment materials for a diverse range of problems:**

Very Good	Good	Acceptable	More Required
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List only *relevant* course work **and supervised** experience in the discipline of *psychology*.

• **Either course work or supervised experience, or a combination of the two, in interviewing techniques:**

Very Good	Good	Acceptable	More Required
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List only *relevant* course work **and/or** supervised experience.

• **Training in formulating and testing diagnostic hypotheses in a practice setting:**

Very Good	Good	Acceptable	More Required
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List only *relevant* training.

• **Supervised experience in communicating sensitive information:**

Very Good	Good	Acceptable	More Required
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List only *relevant* supervised experience.

Name: _____

- **Either course work or supervised experience, or a combination of the two, in assessment of change in order to evaluate the effectiveness of interventions:**

Very Good	Good	Acceptable	More Required
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List only *relevant* course work **and/or** experience.

OVERALL APPRAISAL OF ADEQUACY OF FORMAL TRAINING:

Very Good	Good	Acceptable	More Training and Experience Required
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COMMENTS (please provide any additional information regarding your knowledge, training or experience that may further illustrate your suitability for APE designation).

Applicant's Signature

Date