



Recruitment E-mail to Non-Indigenous Mental Health Professionals

Subject: Seeking participants for a research study in counselling psychology. My name is Lorna Beech and I am a student in the Master of Educational Psychology in School and Counselling program at the University of Saskatchewan.

I am recruiting non-Indigenous mental health professionals for my thesis research and if you meet the criteria, you are invited to participate in an audio-recorded 1 to 1.5-hour research interview. The purpose of this study is to examine non-Indigenous mental health professionals' experience in decolonizing their counselling practice. By participating in this study, you are providing researchers with valuable information how mental health professionals work with and for Indigenous Peoples, which means they need to not only understand how Indigenous Peoples conceptualize themselves, their families, communities, health and the impact of colonial systems, but how they support the healing journey of their Indigenous clients.

To participate in this interview, you are required to meet the following criteria:

- Need to be certified or registered non-Indigenous mental health professionals (e.g., social workers, psychologists, psychiatrists, counsellors).
- Must be 18 years of age or older and have decolonized their practice.
- Must be willing to reflect on and discuss their experiences of decolonizing their practice in detail.
- Must be willing to meet with the researcher for a one to 1.5-hour interview.

If you are interested in participating in this research project or you have any questions, comments, or concerns, please contact me by e-mail at mental.health2020@usask.ca. You are also welcome to contact my supervisor, Dr. Stephanie Martin (Stephanie.Martin@usask.ca).

Thank you for your time and I look forward to hearing from you.

Sincerely,

Lorna Beech

This study has been approved by the Behavioural Research Ethics Board at the University of Saskatchewan (REB#1859).