



ISNR

INTERNATIONAL SOCIETY FOR
NEUROFEEDBACK & RESEARCH

[← Back](#)

[Click here to return to ISNR main HOME page](#)



[Add to my calendar](#)

Introduction to EEG NeuroMeditation

[Log In](#)

When Friday,
March 13,
2020
12:00 PM -
1:00 PM

Spaces left 81



REGISTRATION

- **Members – \$45.00**
For current members of ISNR.
- **Non-members – \$60.00**
Psychologists, MD's, Social Workers, Counselors, Addiction Counselors, Nurses, other Mental Health Professionals and Neurofeedback Providers
- **Special Level**
- **Student (with coupon) – \$15.00**
You must have a coupon code to register as a student. Contact office@isnr.org from your school e-mail to request a code if one has not been given to you.

Instructor:

Jeff Tarrant, PhD, BCN

Research and practice in meditation show us that not all meditations are the same. In this webinar, we will explore five different styles of meditation based on the role of attention, intention, brainwave states and brain regions involved; these styles include Focus, Mindfulness, Open Heart, Quiet Mind, and Deep States. By understanding these differences, we can combine neurofeedback with meditation inspired practices to achieve deeper states of meditation or as a component of treatment for mental health conditions including ADHD, depression, anxiety, and PTSD.

Who is the Audience: Psychologists, Social Workers, Counselors, Marriage and Family Therapists, Addiction Counselors, Trauma Specialists

Level: All

Specific Learning objectives:

At the end of the presentation participants will be able to:

- Describe how each style of neuromeditation matches with specific mental health concerns
- Explain the difference between traditional neurofeedback and neuromeditation
- Use specific tools to match meditation styles to individual needs and goals.

REGISTER

You will receive an email containing the link to join the webinar before the event. Please ensure that you test your access to Zoom at least two hours before the webinar begins.

Fees: Webinar fee is \$45.00 for all ISNR members. The fee for non-members is \$60.00. *Space is limited, so register early!*

Credits: CE credit is a separate fee of \$10.00 for 1 CE credit hour. Purchase CE credit [here](#).

- BCIA will issue 1 credit towards BCIA re-certification for full attendance at this webinar.
- 1 hour of APA approved credit will be offered*.

***This program, when attended in its entirety, is available for 1 continuing education credit.** R. Cassidy Seminars is approved by the American Psychological Association (APA) to offer continuing education for psychologists. R. Cassidy Seminars maintains responsibility for this program. 1 CE hours. You may purchase CE credits here:

<https://www.academeca.com/CEUReg/SeminarInfo.aspx?seminarId=3250>.

This activity qualifies for 60 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Satisfactory Completion: Participants must have paid tuition fee, signed in, attended the entire seminar, completed an evaluation, and signed out in order to receive a certificate. Failure to sign in or out will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available. Certificates available after satisfactory course completion at www.ceuregistration.com.

Refund policy: If you sign up and pay for a webinar but are unable to attend the live presentation, you will be provided with access to the recorded webinar, Refunds will not be issued.

ISNR is committed to accessibility and non-discrimination in its continuing education activities. ISNR is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to bring their concerns up during the question and discussion period, typically held at the end of the presentation. A moderator will be available during the presentation. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Susan Alvarez, ISNR Executive Administrator.

ISNR 13876 SW 56th Street Miami, FL 33175

Tel: 703-848-1994

Fax: 703-738-7340

office@isnr.net

Because these presentations will be done online, it will be the responsibility of the participant to provide adequate and appropriate computer availability as well as Internet connections that will support this webinar. All efforts and reasonable accommodations will be made to make the information accessible to persons with disabilities.

While this presentation offers no risk in and of itself, it is the responsibility of the individual attendee to determine any risks involved in the implementation of the contents of this presentation.

Refund policy: If you sign up and pay for a webinar but are unable to attend the live presentation, you will be provided with access to the recorded webinar, Refunds will not be issued.

ISNR is committed to accessibility and non-discrimination in its continuing education activities. ISNR is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to bring their concerns up during the question and discussion period, typically held at the end of the presentation. A moderator will be available

during the presentation. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Susan Alvarez, ISNR Executive Administrator.

ISNR 13876 SW 56th Street Miami, FL 33175

Tel: 703-848-1994

Fax: 703-738-7340

office@isnr.net

Because these presentations will be done online, it will be the responsibility of the participant to provide adequate and appropriate computer availability as well as Internet connections that will support this webinar. All efforts and reasonable accommodations will be made to make the information accessible to persons with disabilities.

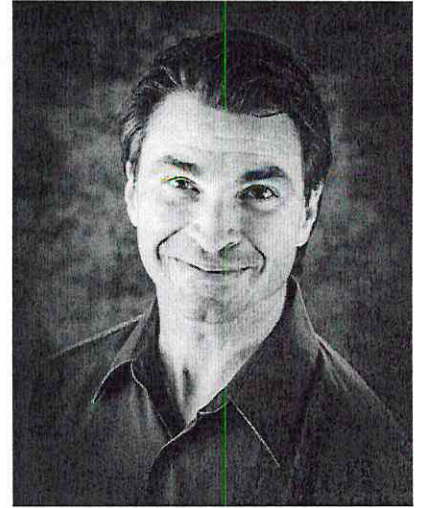
There is no commercial support for this program nor are there any relationships between The Center, presenting organization, presenter, program content, research grants, or other funding that could reasonably be construed as conflicts of interest.

While this presentation offers no risk in and of itself, it is the responsibility of the individual attendee to determine any risks involved in the implementation of the contents of this presentation.

Jeff Tarrant, PhD, BCN

Dr. Jeff Tarrant is a licensed psychologist and board certified in neurofeedback. He is the founder and CEO of the NeuroMeditation Institute. He is the author of the book, *Meditation Interventions to Rewire the Brain*. Dr. Tarrant's research focuses on exploring brainwave changes that occur as a result of contemplative practices and virtual reality.

Dr. Tarrant maintains a private practice in Eugene, OR where he specializes in EEG NeuroMeditation. He has been practicing meditation and Qigong for over 20 years.



Financial disclosure: None

© 2020 by ISNR. All Rights Reserved

ISNR is a non profit 501(c)(3) Membership Organization which draws its members from fields of medicine, psychology, psychophysiology, counseling, social work, nursing, education and other related fields.

Contacts:

Susan Alvarez
Executive Administrator
13876 SW 56th St, PMB #311
Miami, FL 33175
Tel: (703) 848-1994
Fax (703) 738-7341
E-Mail: office@isnr.org