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UPCOMING SK WORKSHOPS!

BRIEF FOCUSED COUNSELLING SKILLS—Strategies from Leading Frameworks

Saskatoon: July 23-24, 2019 (early rate ends July 2)

This workshop explores strategies and techniques from Cognitive Behavioural, Strengths-Based, Narrative, and Solution-Focused counselling frameworks.

Early Rate \$399; Regular Rate \$445

Some of the Topics Covered:

- History of Counselling Frameworks
- The Value and Purpose of Theory
- The Assessment Process
- Helping Clients Understand the Process
- Considerations Around Single Session Counselling

BORDERLINE PERSONALITY DISORDER—Understanding and Supporting

Regina: June 10, 2019 (early rate ends May 20); Saskatoon: June 11, 2019 (early rate ends May 21)

This workshop provides strategies for supporting meaningful and manageable change in the lives of those impacted by BPD.

Early Rate \$209; Regular Rate \$235

Unable to attend in person? Join the full-day live stream May 30

WALKING THROUGH GRIEF—Helping Others Deal with Loss

Saskatoon: May 29-30, 2019 (early rate ends May 8)

This workshop is designed to give helpers an increased awareness of the dynamics of grief, and to provide tools and strategies to best support someone who is grieving.

Early Rate \$399; Regular Rate \$445

Unable to attend in person? Join the 1 hour live webinar on May 24, or the two-day live stream on June 3-4

MINDFULNESS RETREAT—for Counsellors, Therapists, and Caregivers

Canmore: July 29-31, 2019 (early rate ends June 29)

In this highly experiential workshop participants will practice mindfulness, regulation skills and strategies meant to promote compassionate self-awareness and emotional balance as well as prevent burnout and compassion fatigue.

Early Rate \$595; Regular Rate \$685

MORE UPCOMING WORKSHOPS

CRISIS RESPONSE PLANNING

Regina: May 14

DE-ESCALATING POTENTIALLY VIOLENT SITUATIONS™

Regina: May 15; Saskatoon: May 16

MEDIATION—Facilitating Conflict Resolution

Saskatoon: July 16-17

TRAINING OFFERED ON LOCATION—RIGHT WHERE YOU ARE!

CTRI offers over 45 in-person, 1 or 2-day workshops right in your organization.

Questions? Contact us by e-mail at info@ctrinstitute.com or by phone at 204-452-9199