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# CTRI

CRISIS & TRAUMA  
RESOURCE INSTITUTE

## CONTACT US:

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## UPCOMING SK WORKSHOPS!

### SUICIDE PREVENTION, INTERVENTION, AND POSTVENTION STRATEGIES

*Saskatoon: February 12-13, 2019 (early rate ends January 22)*

This workshop offers guidance for developing a suicide prevention plan, reviews skills for assisting those at risk of suicide, and provides tools to minimize the impact of a suicide on survivors. *Early Rate \$399; Regular Rate \$445*

#### Some of the Topics Covered:

- Suicide Prevention Planning and Intervention Steps
- Distinguishing Suicide Attempts from Self-Injury
- Supporting Healing from Suicide Loss
- Suicide Contagion and Clusters
- Responding to Attempted Suicide

*Unable to attend in person? Join the 1 hour live webinar on June 19, or the full day live stream on July 17-18*

### NAVIGATING DIFFICULT CLIENT RELATIONSHIPS

*Regina: January 29, 2019 (early rate ends January 8); Saskatoon: January 30, 2019 (early rate ends January 9)*

This workshop explores how to alter interactions with clients in order to transform unhealthy relational patterns into more positive interactions and outcomes. *Early Rate \$209; Regular Rate \$235*

### NARRATIVE THERAPY—Tools for Exploring Stories

*Saskatoon: March 6, 2019 (early rate ends February 13)*

This interactive workshop will provide participants with the tools and processes to begin using narrative frameworks with their clients. *Early Rate \$209; Regular Rate \$235*

## MORE UPCOMING WORKSHOPS

**COGNITIVE BEHAVIOURAL THERAPY—Tools for Thinking Differently** *Saskatoon: March 5, 2019; Regina: March 8, 2019*

**AUTISM—Strategies for Self-Regulation, Learning and Challenging Behaviours** *Saskatoon: March 19-20, 2019*

**VICARIOUS TRAUMA—Strategies for Resilience** *Regina: March 26, 2019; Saskatoon: March 28, 2019*

## COUNSELLING INSIGHTS CONFERENCE

*Calgary: March 13-15, 2019 (early rate ends February 13)*

This conference is a unique opportunity to hear from several of the authors of CTRI's book, *Counselling Insights: Practical Strategies for Helping Others with Anxiety, Trauma, Grief, and More.*

*Early Rate \$595; Regular Rate \$685*

## TRAINING OFFERED ON LOCATION—RIGHT WHERE YOU ARE!

CTRI offers over 45 in-person, 1 or 2-day workshops right in your organization.

**Questions? Contact us by e-mail at [info@ctrinstitute.com](mailto:info@ctrinstitute.com) or by phone at 204-452-9199**