

If you wish to be removed from our fax list, please call 1-855-443-6845 quoting Reference ID # 30152920

CTRI

CRISIS & TRAUMA
RESOURCE INSTITUTE

CONTACT US:

WEB: www.ctrinstitute.com

PHONE: 877-353-3205

FAX: 204-475-2920

MAIL: 120 Sherbrook St.

Winnipeg, MB R3C 2B4

UPCOMING SK WORKSHOPS!

TRAUMA-INFORMED CARE—Building a Culture of Strength

Saskatoon: May 1, 2019 (early rate ends April 10); **Regina:** May 3, 2019 (early rate ends April 12)

This workshop explores how to build a trauma-informed culture in a workplace setting that integrates knowledge throughout the organization.

Early Rate \$209; Regular Rate \$235

Some of the Topics Covered:

- Principles of Trauma-Informed Care
- Core Competencies – Putting Principles into Action
- Building Trauma Informed Principles into Policy and Processes
- Attending to Staff Safety and Secondary Trauma
- Contexts of Impact – Cultural, Intergenerational, and Societal Factors

Unable to attend in person? Join the 1 hour live webinar on June 6

VICARIOUS TRAUMA—Strategies for Resilience

Regina: March 26, 2019 (early rate ends TODAY, March 5); **Saskatoon:** March 28, 2019 (early rate ends March 7)

This workshop will provide participants with the opportunity to examine their own experiences and become aware of the signs of both vicarious trauma and vicarious growth.

Early Rate \$209; Regular Rate \$235

AUTISM—Strategies for Self-Regulation, Learning and Challenging Behaviours

Saskatoon: March 19-20, 2019

This workshop provides practical strategies for working with high-need individuals around self-regulation, learning practices, and challenging behaviours.

Regular Rate \$445

MINDFULNESS COUNSELLING STRATEGIES—Activating Compassion & Regulation

Saskatoon: April 11-12, 2019 (early rate ends March 21)

This workshop teaches mindfulness, regulation and activation strategies meant to promote compassionate self-awareness and emotional balance.

Early Rate \$399; Regular Rate \$445

Unable to attend in person? Join the 1 hour live webinar on April 30, or the full day live stream on April 24-25

MORE UPCOMING WORKSHOPS

NARRATIVE THERAPY— Tools for Exploring stories

Saskatoon: March 6

THE CULTURE QUESTION – The Secret to Employee Engagement

Saskatoon: March 26

MENTAL HEALTH AWARENESS & SUPPORT

Saskatoon: April 8; **Regina:** April 12

TRAINING OFFERED ON LOCATION—RIGHT WHERE YOU ARE!

CTRI offers over 45 in-person, 1 or 2-day workshops right in your organization.

Questions? Contact us by e-mail at info@ctrinstitute.com or by phone at 204-452-9199