28th Annual Saskatchewan Psychiatric Association
Continuing Education Interprofessional Conference

Cultural Psychiatry

Temple Gardens Mineral Spa
24 Fairford Street East
Moose Jaw, Saskatchewan
April 19, 2008

*Annual General Meeting of Saskatchewan Psychiatric Association*
*Friday, April 18, 2008*
*1830 - 2100 hours*

**Guest Faculty**

**CPA Program**
Serge Beaulieu, MD, PhD, FRCPC
Associate Professor,
Department of Psychiatry
McGill University, Montreal, Quebec

Paul Links, MD, MSc, FRCPC
Arthur Sommer Rotenberg Chair in Suicide Studies, University of Toronto

**SPA Program**
Andrea Grabovac, FRCPC
British Columbia Cancer Agency
Vancouver, British Columbia

Shaila Misri, MB BS: FRCPC
Director, St. Paul’s Hospital Reproductive Psychiatry Program
Clinical Professor
University of British Columbia

Presented by:
Canadian Psychiatric Association and Saskatchewan Psychiatric Association
with assistance from the Division of Continuing Professional Learning
Target Audience
The target audience for the 28th Annual Saskatchewan Psychiatric Association Continuing Education Interprofessional Conference “Cultural Psychiatry” is psychiatrists, family physicians, psychologists, nurses, pharmacists and social workers. Other health professionals are welcome to attend.

Conference Goals
The goals of the 28th Annual Saskatchewan Psychiatric Association Continuing Education Interprofessional Conference “Cultural Psychiatry” are:

The participants at the end of the conference will have:

• Acquired practical information in the area of cultural psychiatry
• Improved their ability to work with individuals with cultural differences
• Sharpened their ability to assess and utilize cultural information

Program

Saturday, April 19, 2008

0730  Continental Breakfast

0800  Introduction - P. J. White, President, Canadian Psychiatric Association
      Clinical Professor and Chair, University of Alberta

0805  Ethnocultural Prospects for Preventing Suicide - P. S. Links
      Learning Objectives:
      • describe the limitations of previous research studying ethnicity and cultural factors and the risk of suicide
      • discuss shame-motivated suicide and its relevance to Asian cultures
      • characterize the direction for future studies including qualitative and theory-driven research

0850  Questions and Discussion

0905  Validating Adult ADHD: A Cultural Shift for Psychiatry - D. M. P. Quinn
      Learning Objectives:
      • assess and differentially-diagnose adult ADHD
      • appreciate the high comorbidity levels of ADHD with other psychiatric and medical conditions
      • describe and use pharmacological and psychosocial interventions in the management of adult ADHD

0950  Questions and Discussion

1005  Refreshment Break & Exhibits

1020  Neurobiological Underpinnings of Depression: From Remission to Wellness - S. Beaulieu
      Learning Objectives:
      • appreciate that depression is a complex disorder and that remission and full recovery is the optimal outcome of treatment
      • describe how the progressive nature of depression may be mediated by functional and structural changes in the brain and the role of antidepressants in modulating neurotrophic factors
      • discuss ethnocultural issues affecting access to psychotherapeutic treatments, drug compliance and metabolism

1105  Ethnocultural Considerations in Treating Emotional and Physical Symptoms of Depression: Interactive Audience Discussion - Moderator: M. S. Renuka-Prasad

1145  Adjournment and Closing Comments from CPA - P. J. White

1200  Lunch / Multi-cultural Entertainment & Exhibits
Saturday, April 19, 2008

1255 Welcoming Remarks: D. Quinn - President, Saskatchewan Psychiatric Association

1300 Women’s Mental Health and Cultural Relationships – S. Misri
Learning Objectives:
• To understand the signs and symptoms of mood & anxiety disorders in the perinatal period
• To familiarize the audience with controversies of pharmacotherapy
• To address the special cultural barriers pertaining to this population

1340 Questions & Discussion

1350 Relocation Break

1355 Small Group Breakout Session
1. Spirituality and Healing in Psychiatry: An Overview of Recent Research - A. Grabovac
Learning Objectives:
• To review the evidence base for the role of spirituality in psychiatric assessment and formulation
• To review clinical approach to spiritual assessment
• To become familiarized with BMSR and MBCT, and identify clinical situations in which they would be appropriate clinical interventions

Learning Objectives:
• To understand the influence of cultural factors in the expression of psychiatry symptoms, delusions in particular
• To identify specific cultural bound syndromes with delusional features
• Identify a cultural formulation explaining how the cultural context impacts on the illness experience

3. Indigenous Perspectives on Health and Healing – R. Katz
Learning Objectives:
• To explore Indigenous insights into the meanings of and approaches to health and healing
• To contrast these Indigenous insights and approaches with Western insights and approaches
• To utilize Indigenous perspectives to understand limitations in Western aproaches and how these Western approaches could be enhanced to better serve Indigenous peoples

1440 Refreshment Break & Exhibits

1455 Small Group Breakout Session (Repeat of 1355)
1540 Relocation Break

1545 Small Group Breakout Session (Repeat of 1455)
1630 Adjournment

Acknowledgements

GOLD
ASTRAZENECA
BIOVAIL PHARMACEUTICALS CANADA
SHIRE BIOCHEM INC.

SILVER
Boehringer-Ingelheim Canada Ltd.
Department of Psychiatry, RQHR
Janssen-Ortho Inc.
Novartis Pharmaceuticals Canada Inc.
28th Annual Saskatchewan Psychiatric Association
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Registration Fee:

Physicians: Full Course - Including April 4 - ............ $225.00
On & after April 5 - ............ $275.00

Other Health Professionals:
Full Course - Including April 4 - ............ $160.00
On & after April 5 - ............ $210.00

Medical Residents/JURSIs/Medical Students:
Full Course .............................................. $50.00

Total $ ________________________________

NOTE: Payment must accompany registration in order for registration to be processed.

☐ Cheque payable to: Continuing Professional Learning

Please charge my:
Visa ☐ Mastercard ☐ for $ ____________

Account Number ____________________________
Expiry Date _______________________________

Authorized Signature ____________________________

☐ YES, I will attend the AGM (for psychiatrists only)
☐ NO, I will not attend the AGM

Registration Application:

☐ Dr. ☐ Mr. ☐ Ms.

_________ ________
(Last Name) (First Name)

_________
(Address)

_________ _______ _______
(City) (Prov.) (Postal Code)

__________
(Phone Number) (Fax Number)

_________
(E-mail)

College of Physicians & Surgeons of SK Reg. No __________

☐ Family Physician ☐ Specialist (specify)___________
☐ Medical Resident ☐ JURSI/Med Student
☐ R.N. ☐ Nurse Practitioner
☐ Pharmacist ☐ Other (specify)______________________

Please return to: Continuing Professional Learning
Regina General Hospital
Room 1B13.00
1440 - 14th Avenue
REGINA SK S4P 0W5
Telephone: (306)766-4016 or Fax: (306)766-4019

www.usask.ca/cme/courses

Saskatchewan Faculty
(Academic appointments listed are with the University of Saskatchewan)

R. Katz
Professor Emeritus
First Nations University of Canada
Adjunct Professor
Department of Psychology
University of Saskatchewan

M. S. Renuka-Prasad
Clinical Assistant Professor
Department of Psychiatry
University of Saskatchewan

D. M. P. Quinn
Associate Professor
Department of Psychiatry
University of Saskatchewan

R. P. L. Tempier
Professor
Department of Psychiatry
University of Saskatchewan
General Information

Accommodation
A block of rooms have been reserved at the Temple Gardens Mineral Spa, 24 Fairford Street East, Moose Jaw, Saskatchewan, www.templegardens.sk.ca. The conference rate is $135.00 plus taxes for single/double & $145.00 plus taxes for 2 queens/king. This rate is only available by calling (306) 694-5055 or 1-800-718-7277 and use the Group Block #6244 for reference to this conference. Conference rates are available for reservations made prior to March 18, 2008.

For guests planning to use the “Sun Tree Spa” Treatment Centre, reservations can be made by calling 1-800-718-7727. Please book well in advance to ensure availability.

A block of rooms has also been arranged at the Comfort Inn, 155 Thatcher Drive W. The conference rate is $77.00 for single/double plus taxes & $86.00 to $130.00 for suites plus taxes and is only available by calling (306) 692-2100. Rooms will be held until April 1, 2008 using Group Block #101284.

Other Hotels: Heritage Inn - 1-888-888-4374; Best Western (306) 692-1884

Parking
Pay parking is available in the parking lot across the street from the Temple Gardens Mineral Spa.

Planning Committee
Dr. D. Natarajan – Chair, Dr. G. Achyuthan, Dr. S. M. Awad El-Kariem, Dr. M. Brown, Ms. C. Bolen, Ms. C. Fieldgate Ms. S. Grandish, Ms. K. Hardy, Ms. M. McLeod, Dr. H. V. Rininsland, Ms. M. Seilman and Ms. B. Collacott. The Division of Continuing Professional Learning, College of Medicine gratefully acknowledges the valuable contributions of the planning committee members. Without the generous donations of their time, talent and expertise this program would not be possible.

Cancellation and Refund Policy
Cancellations must be received in writing before April 8, 2008 and will be subject to a $50.00 administration fee for physicians and a $20.00 administration fee for residents. No refunds will be considered on or after April 9, 2008. The Division of Continuing Professional Learning, College of Medicine, University of Saskatchewan reserves the right to cancel or postpone a course due to insufficient registration or circumstances beyond our control. This course may be cancelled twenty (20) days prior to the course date. Each registrant will be notified by telephone, with written notification and a full refund following. Continuing Professional Learning, College of Medicine is not responsible for any other costs including, but not limited to, airline or hotel penalties.

SMA Education Bank
Up to $3000.00 of fees for recognized CME activities can be recovered each year by Saskatchewan physicians from the CME fund, which is managed by the Saskatchewan Medical Association.

Declaration of Potential Conflict of Interest
Speakers will be required to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Study Credits
As an organization accredited to sponsor continuing medical education for physicians by the Committee on Accreditation of Canadian Medical Schools Continuing Professional Learning, College of Medicine, University of Saskatchewan, has approved this education program for 6.4 MAINPRO-M1 credits on behalf of the College of Family Physicians of Canada, Saskatchewan College. Reciprocal recognition is provided by the American Association for the Physician’s Recognition Award, and by the American Academy of Family Physicians.

This educational event is an Accredited Group Learning Activity as defined by the Maintenance of Certification of the Royal College of Physicians and Surgeons of Canada.

Pharmacy Credits
This Program has been approved by Continuing Professional Development for Pharmacists (CPDP) for a total of 6.25 Continuing Education Units (CEUs).